



Tripartite Alliance for
Workplace Safety and Health

Total WSH in the midst of the COVID Pandemic



23 Nov 2020

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Business Development (Built Environment)

How COVID-19 affected us?

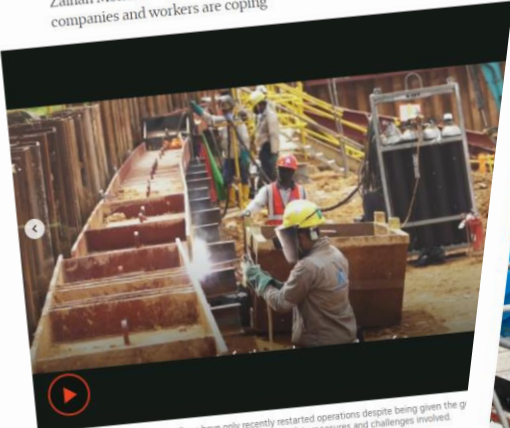
THE STRAITS TIMES

SINGAPORE

COVID-19 SPECIAL

Construction companies struggle to get back on track amid Covid-19 pandemic

As companies in various sectors grapple with the impact of Covid-19, Zaihan Mohamed Yusof and Tee Zhuo look at how some construction companies and workers are coping



1 of 2 Many construction firms have only recently restarted operations despite being given the go-ahead to visit a worksite to take a closer look at the safety measures and challenges involved.


Zaihan Mohamed Yusof and Tee Zhuo

PUBLISHED: SEP 7, 2020, 5:00 AM SGT

THE STRAITS TIMES

SINGAPORE

Hold on or fold up: Singapore's construction, F&B players struggle to cope with crunch



1 The shortage of workers has led to an increase in subcontractor labour costs by about 20 to 30 per cent, say photo

Choo Yun Ting

LISHED: NOV 8, 2020, 5:00 AM SGT

We set you thinking


TODAY

WEDNESDAY 11 NOVEMBER 2020

Singapore World Big Read Opinion Gen Y Speaks Features Visuals Brand Spotlight 8 DAYS

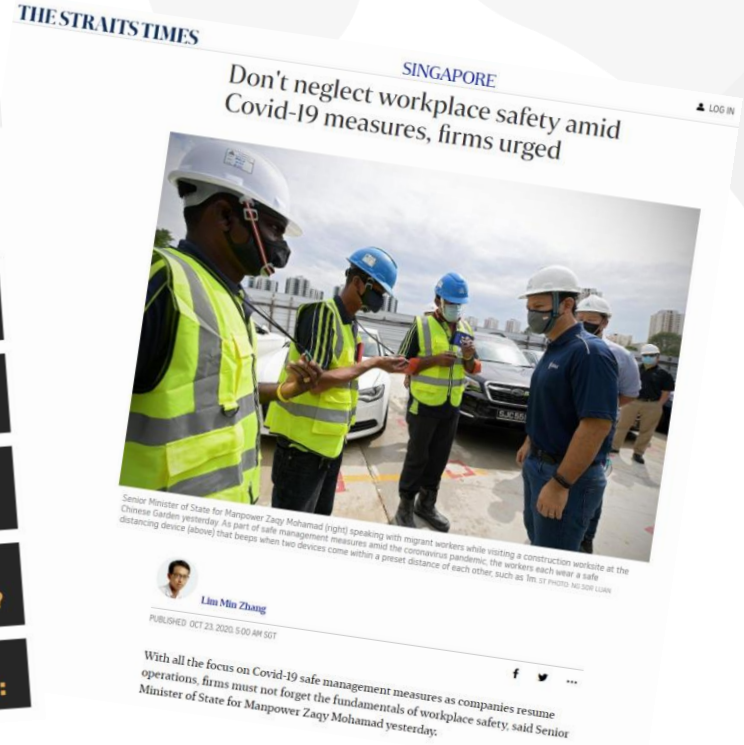
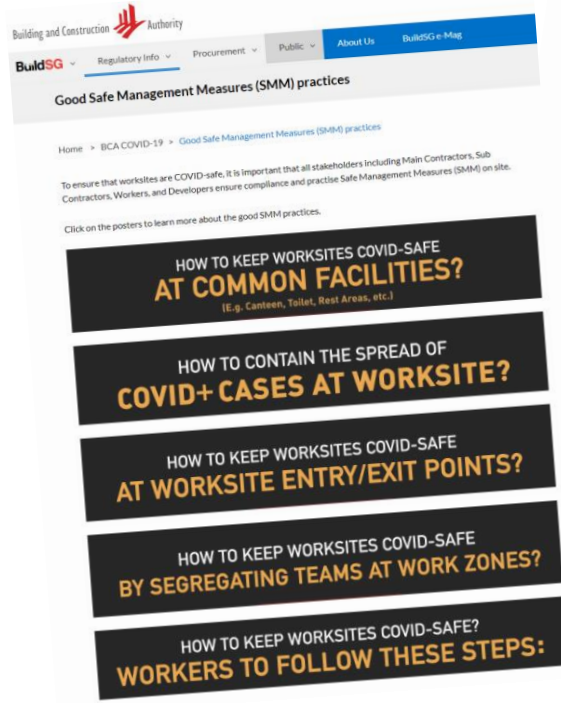
Covid-19: Faced with labour crunch, supply disruptions, contractors in S'pore fear missing project deadlines

By TESSA OH



Local construction firms fear they could miss deadlines given a shortage of labour and delays in materials, with the Covid-19 outbreak contributing to both factors.

Adapting to the new “norm”

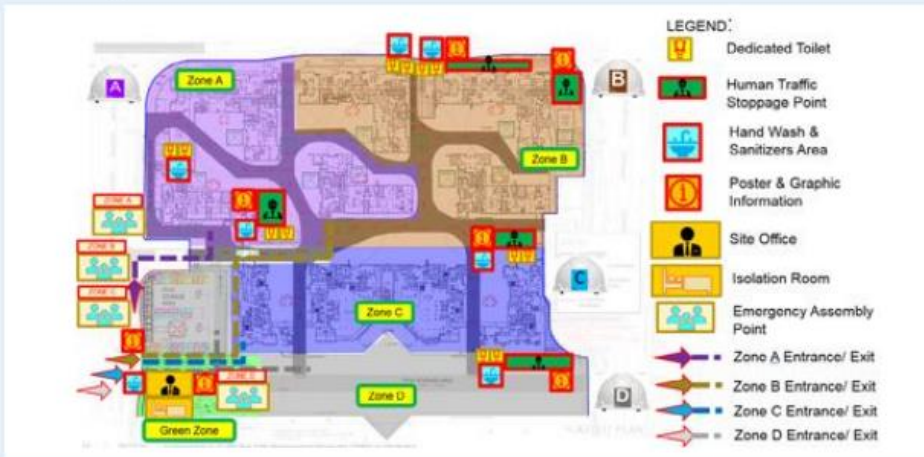




SAFE WORKSITE

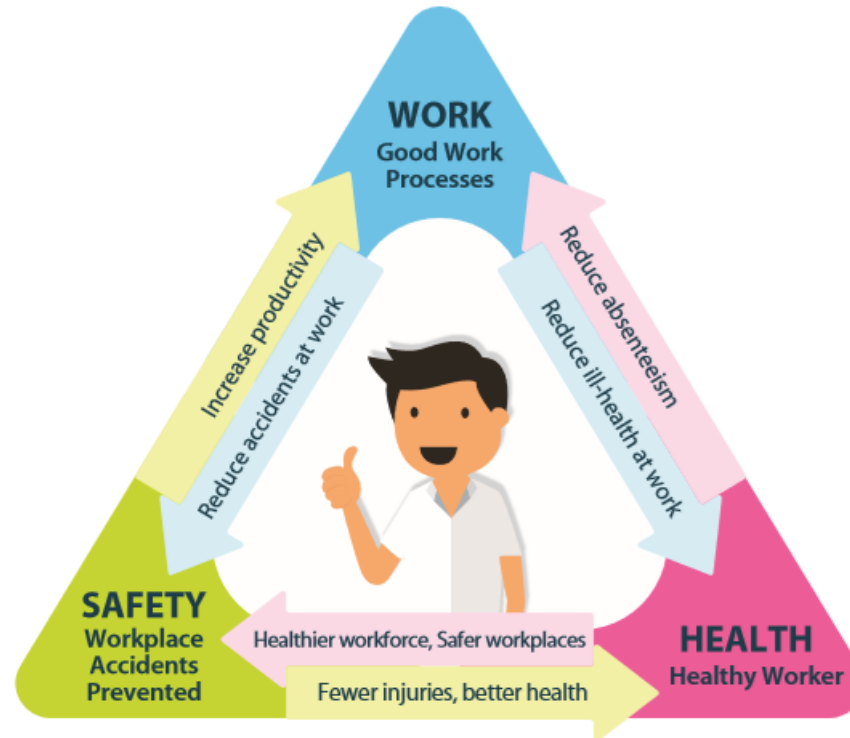
1. Discuss with Main Contractor on Safe Management Plan:

- Zoning and Demarcation



Healthy Workforce, Safe Workplace

Total Workplace Safety and Health (WSH) approach

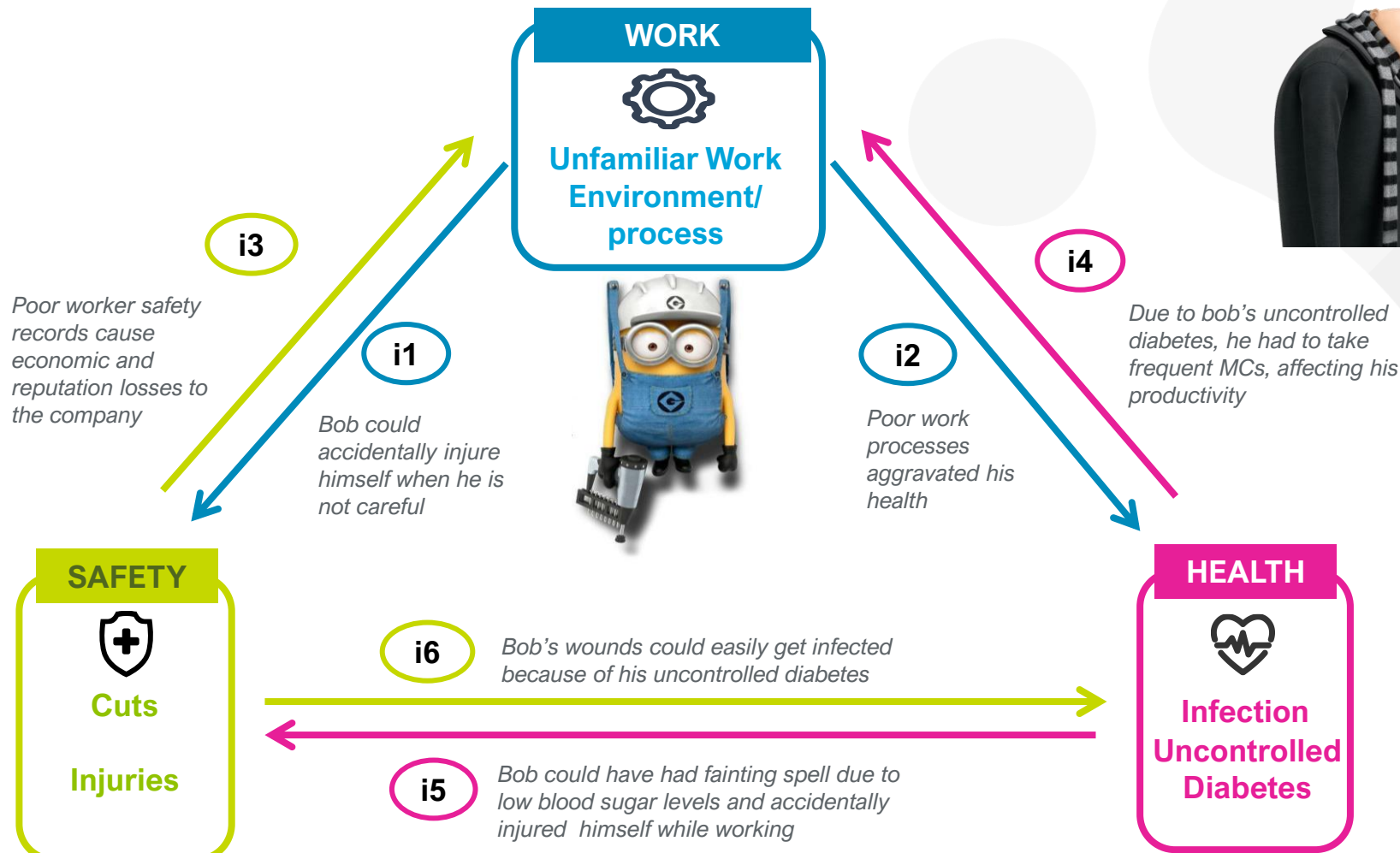


Work, Safety & Health Are Inter-Related

Persona:

- Bob
- In his late 30s'
- Diabetic
- Construction worker
- Recently returned back to work, after circuit breaker
- Works 9 hours and 2 hours of OT each day







Are workers getting enough rest?

Do workers get to take meals at regular timings?

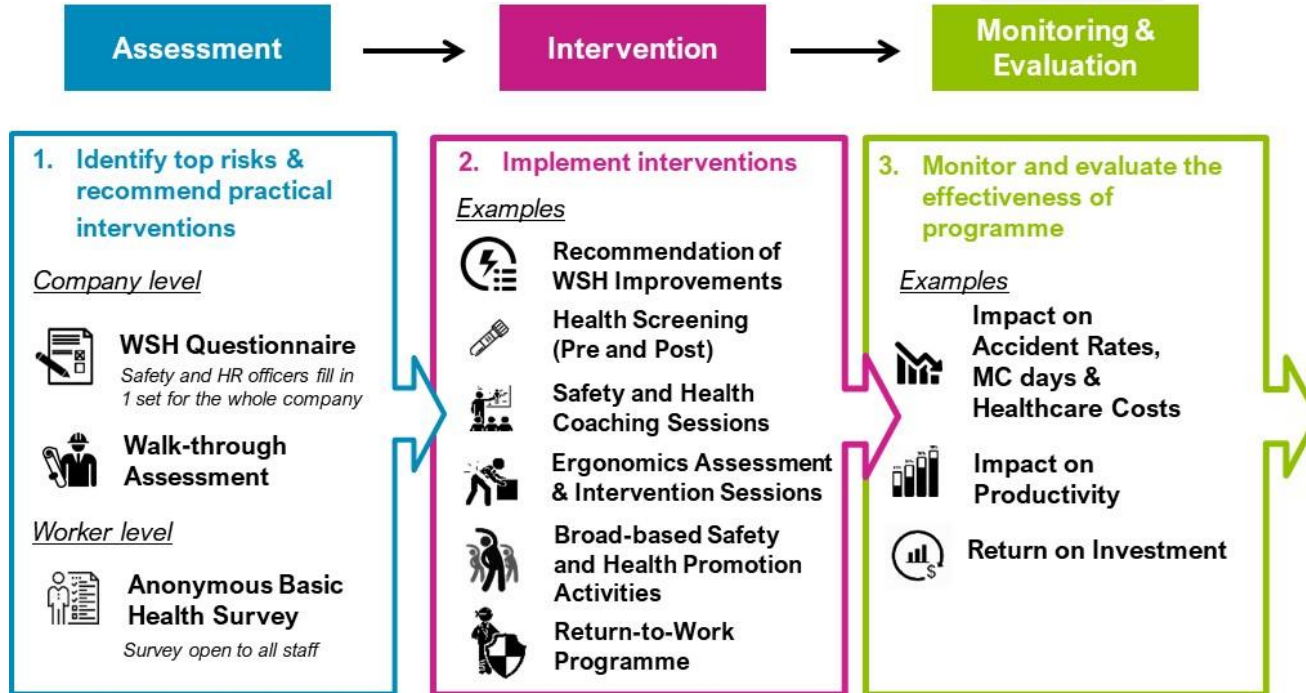


Are workers stressed out?

Does the workplace encourage healthy living or eating?



Total WSH Programme



Consider health risks when you do risk assessment

Is there a danger to the worker or others when he/she momentarily:

- Faint or black out
- Cannot think or focus
- Cannot see or hear

Examples:

- Driving
- Operate machinery e.g. cranes, lathe, press
- Welding
- Electrical works
- Working at Heights
- Handling dangerous chemicals or processes

If you are feeling unwell

Stop – Inform – Treat

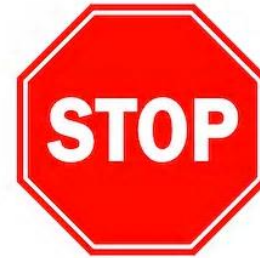


S-I-T

1. Stop

Stop work immediately if you experience any of the following:

- Sudden giddiness
- Wanting to faint
- Blurring of vision
- Unexplained cold sweat
- Sudden severe chest or abdominal pain
- Unexplained breathlessness or difficulty in breathing



S-I-T

2. Inform

Tell your supervisor of your medical condition so he/she can keep a look out for you and assign you jobs that consider your medical condition.



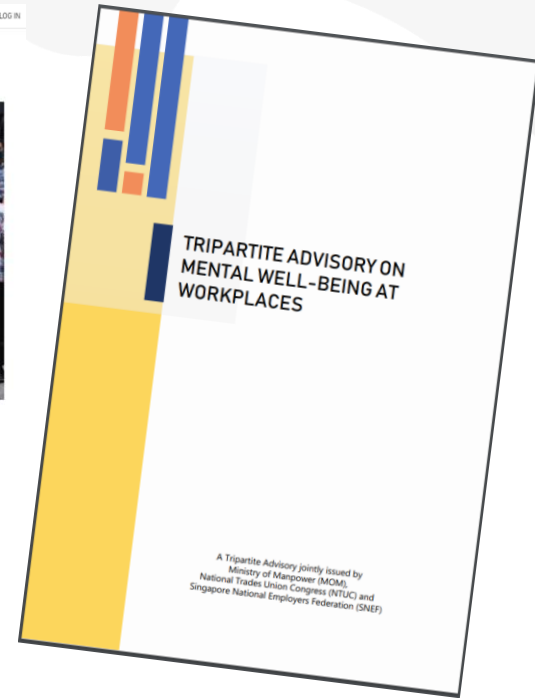
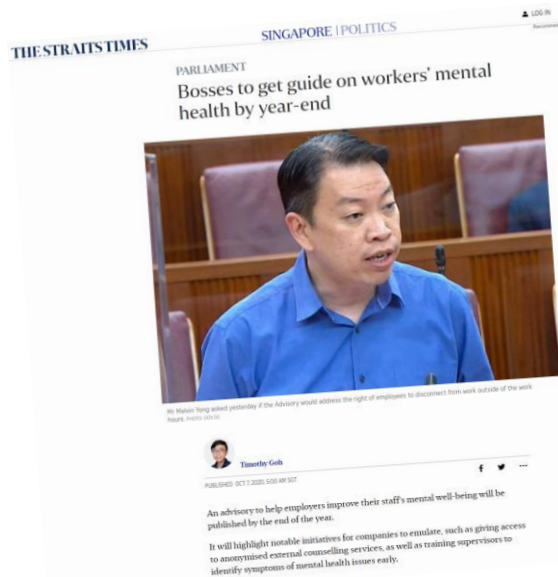
3. Treat

It is important that you go and see your doctor for this medical condition as it may affect your ability to work in a safety critical job; if the medical condition is not treated.

Remember to tell your doctor:

- What does your job requires you to do.
- Ask the doctor any precaution that you need to take from your medical condition and the medicine that you are taking for the condition.
- Ask the doctor if you can continue with your job or you need any modifications in your job.

Lets' not forget about mental wellbeing too!



Download the new Tripartite Advisory now at:

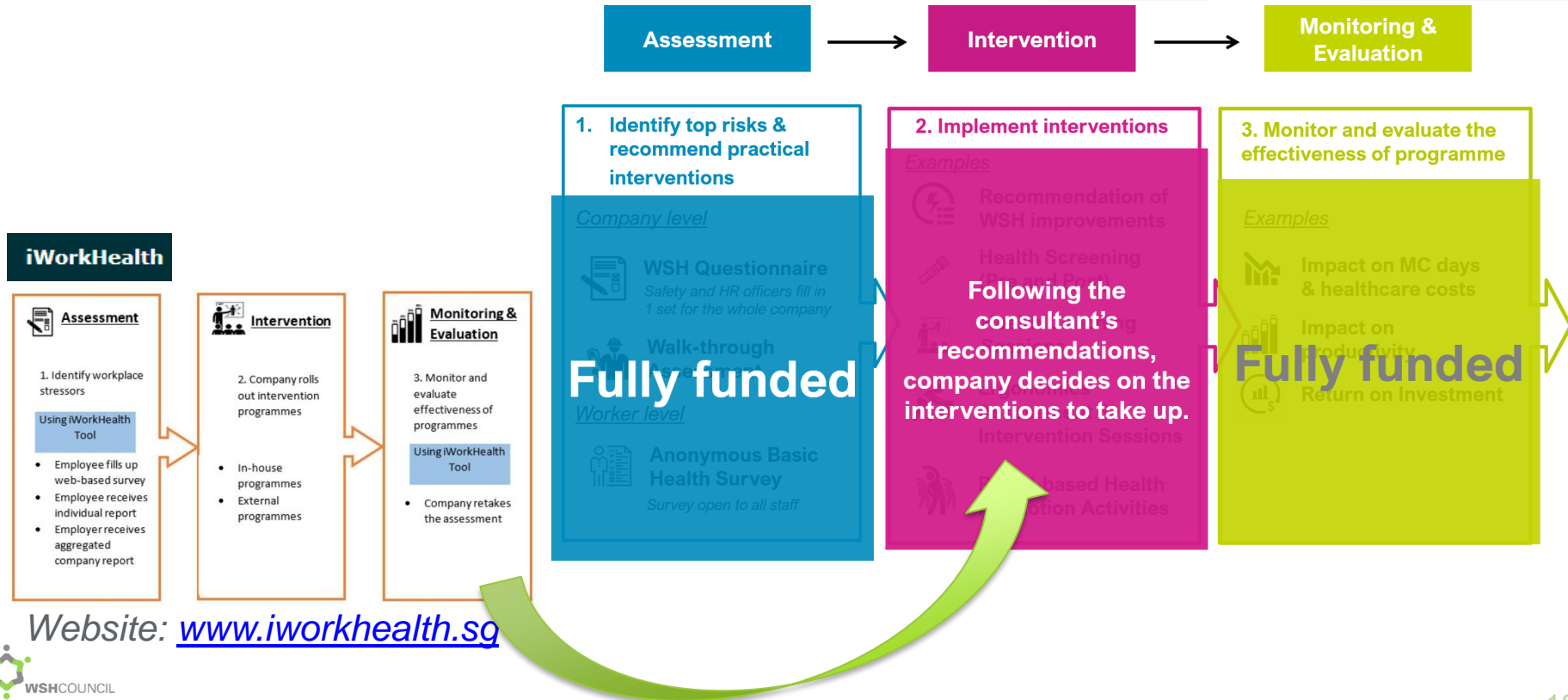
<https://www.mom.gov.sg/covid-19/tripartite-advisory-on-mental-well-being-at-workplaces>

Tip: The GREAT approach for employers

**5 out of the 11 recommendations from the Tripartite Advisory on Mental Wellbeing at Workplaces:*

1. **G**iving access to anonymised counselling services
2. **R**aise awareness on mental well-being and mental health conditions
3. **E**ncourage employees to form informal support networks such as peer support programmes
4. **A**ccept employees' feedbacks and be open to suggestions to improve work conditions/processes
5. **T**raining supervisors to spot signs of mental distress early

Total WSH Programme – The total WSH solution



Start protecting your employees!



**One employee can help
elevate your business from
zero to hero**

**One employee can also
destroy your business**

Treat your people as KING!



WSHCOUNCIL

Tripartite Alliance for
Workplace Safety and Health





& healthy

If Rakibul is safe,
his dreams will be too.



Feedback

- One lucky winner will walk away with a \$10 Capitaland e-voucher, announced at the end of the Q&A session.
- Leave us a feedback to qualify 😊



Available Resources

- Total WSH Programme: www.wshc.sg/totalwsh
- iWorkHealth : www.iworkhealth.sg
- bizSAFE : www.wshc.sg/bizsafe
- Tripartite Advisory on Mental Well-being at Workplaces: <https://www.mom.gov.sg/covid-19/tripartite-advisory-on-mental-well-being-at-workplaces>

Thank you

